MALNEIROPHRENIA

A BFA Exhibition Brought to You by
Carrie Thompson
April 13th-18th
Malneirophrenia: the foul, heavy, negative state of mind one finds themselves in after a nightmare. My work conveys elegance and emotion in each piece, as well as its own subtle story, using symbolism to highlight and strengthen these aspects. For many years I had a disconnect with my artistic style until I was able to come to a realization. For each artwork I create, emotion is the main component of the image. The divide between myself and understanding my own work came from my own struggle of heavy disconnect with my emotions. I feel emotion very strongly and have even struggled with both depression and anxiety, however I sometimes cannot pinpoint what it is I am even feeling. There are times I cannot even pinpoint why I feel such strong emotions in the first place. Because I could not identify what exactly these emotions were in myself, I was blind to my own artwork for a time.

Malneirophrenia encompasses that which a person with silent inner turmoil endures. So many times as I suffered with my own depression or anxiety I heard phrases such as "well we all get sad sometimes," or "well what do you have to be upset about?" The thing about mental illness however is that it's not just normal sadness or fear, we ask ourselves those questions. These mental illnesses are a constant feeling of knowing you're awake yet feeling like you're still in a nightmare, the dreamlike state lurking behind you every step. My show, Malneirophrenia, takes self-portraits and warps them in a nightmarish way in order to show a visual representation of the inside of a person's mind when dealing with these issues. I hope that by giving the audience something they can visually grasp, they will see that mental illness isn't as simple as, "well have you tried getting out of the house to do something fun?"

When I make an emotional connection to art, I can pinpoint what I feel as I look at the image and that brings me comfort. Viewing artists' works such as Rob Walden, Kellan Hendry, Kevin Carden, Laura Dark, and Jerry Uelsmann I was inspired by their pieces. Rob Walden inspired my future goal of owning a digital media company that specializes in the music industry with his work in that same industry. Inspired by these artists, I was able to experiment with materials outside of the computer. I used wax, sandpaper, ink, digital photography, and film photography in order to bring this show to fruition. With art such as that in Malneirophrenia, I can further my graphic design career; using art such as this in poster designs, album cover art, etc. As an artist I personally enjoy using photography in my graphics, using photomanipulation in order to create captivating art for commerce pieces. Subconsciously I have been making emotion filled artwork in order to better understand myself, and now I strive to continue to push this further in order to not only help myself, but others as well.

This exhibition is in accordance with, and in partial fulfillment towards meeting the requirements for the Bachelor of Fine Arts degree at Millikin University.

Carrie A Thompson
Silenced  
Film Photography 12"x 12" Spring 2019
See No Evil

Photomontage: created using multiple film images 11"x8.5" Fall 2019
Speak No Evil

Photomontage: created using multiple film images 11"x8.5" Fall 2019
Which Way is Up?

Encaustic Photography 24"x24" Spring 2020
A LOOK INTO MY GRAPHIC DESIGN PORTFOLIO
ART FOR COMMERCE
MOCKUPS INSPIRED BY MALNEIROPHRENIA
THANK YOU

Malneirophrenia
A BFA Senior Exhibition brought to you by Carrie Thompson

Friday, April 17th 2020
5-8 pm

Blue Connection
117 North Water St. Decatur IL, 62523