

**MILLIKIN UNIVERSITY COLLEGE OF PROFESSIONAL STUDIES: SCHOOL OF EXERCISE SCIENCE & SPORT**  
**Physical Education Major with No Endorsements**

Semester #1	Term: _____	Hours	Spring/Fall/Every	Semester #2	Term: _____	Hours	Spring/Fall/Every
IN 140: University Seminar		3	Every	EN 181: University Writing (C or better)		3	Every
ES 130: Prevention and Treatment		3	Every	ED 115: Strategies for Individuals with Disabilities K-12		3	Every
ES 160: Personal and Community Health		3	Every	QR 101 or Quantitative Reasoning approved course		3	Every
ES 204: Foundations of Physical Education		3	Fall	CO 230: Public & Professional Speaking		3	Every
ED 120/ED170: Intro to Education		4	Every	ED 210: Human Development		3	Spring (preferred)
Semester Total		16		Semester Total		15	
<b>Cumulative Total</b>		<b>16</b>		<b>Cumulative Total</b>		<b>31</b>	
Semester #3	Term: _____	Hours	Spring/Fall/Every	Semester #4	Term: _____	Hours	Spring/Fall/Every
Humanities in the U.S.		3	Every	Social Sciences		3	Every
BI 204: Anatomy & Physiology (Nat Science w/ Lab)		4	Fall	ES 310: Kinesiology (Counts toward Add'l Science Req)		3	Every
EN 281: Writing in the Disciplines (C or better)		3	Every	ES 401: Methods of Elementary Physical Education		3	Spring
ES 431: Adaptive PE		2	Fall	ES 305: Physiology of Exercise I (Co-enroll w/ES 306)		3	Spring
Creative Arts		3	Every	ES 306: Physiology of Exercise Lab I (Co-enroll w/ES 305)		1	Spring
				Elective		3	Every
Semester Total		15		Semester Total		16	
<b>Cumulative Total</b>		<b>46</b>		<b>Cumulative Total</b>		<b>62</b>	
Semester #5	Term: _____	Hours	Spring/Fall/Every	Semester #6	Term: _____	Hours	Spring/Fall/Every
ES 320: Sport Skills		3	Every	ED 310: Creating Com of Learners SecBlk (co-enroll w/ED 321) PE section		3	Spring (preferred)
ES 325: Growth and Development		3	Fall	ED 321: Gen Mid Grd & Sec Meth/Assmnt (co-enroll w/ED 310)		3	Spring
ES 425: Secondary Curriculum Development of PE		3	Fall	ES 380 Physical Education Seminar		1	Spring
Global Studies		3	Every	EN 302: Methods for Teaching Literacy		3	Every
Elective		3	Every	International Cultures/Structures or Language Option		3-4	Every
				Elective		3	Every
Semester Total		15		Semester Total		16-17	
<b>Cumulative Total</b>		<b>77</b>		<b>Cumulative Total</b>		<b>93-94</b>	
Semester #7	Term: _____	Hours	Spring/Fall/Every	Semester #8	Term: _____	Hours	Spring/Fall/Every
International Cultures/Structures or Language Option		3-4	Every	ED 488: Education Senior Seminar		3	Every
ED 420: Instructional Analysis and Design SecEDK-12		2	Every	ED 478: Student Teaching		12	Every
Elective		3	Every				
Elective		3	Every				
Elective		3	Every				
Semester Total		14-15		Semester Total		15	
<b>Cumulative Total</b>		<b>107-109</b>		<b>Cumulative Total</b>		<b>Min 120</b>	

- NOTES:**
- All students must establish and maintain a **minimum cumulative GPA of 2.7** in order to 1. be **admitted to the School of Education**, 2. be **admitted to Student Teaching**, 3. **graduate** with a bachelor's degree tied to education, and 4. **obtain an Illinois teaching license**. Additionally, ALL education majors are required to **pass a state-required content exam** in their area of licensure before being permitted to enter student teaching in their senior year.
  - All students must receive a C- or higher in the courses *italicized* above.
  - All Physical Education students must complete an approved Cardiopulmonary Resuscitation course within their last 3 semesters - American Red Cross or American Heart Association courses are acceptable as long as you complete the adult, infant, and child CPR components.
  - University graduation requirements = 120 credits or more, University 300 level or higher requirements = 39 credits or more.
  - For financial aid eligibility, students must be enrolled in 12-15 credits.
  - The schedule above provides a template. Schedules will vary by student. Courses through other institutions must be approved by the Registrar.



Student Name: \_\_\_\_\_

GPA	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____
Major								
Cumulative								
Academic Alerts/ Accolades								

**Quantitative Reasoning (QR):** The course sequences below are based on the Math ACT/SAT score. Students can also take the math placement test in the Math Department to progress more quickly through this process if the test is passed.

Math ACT/SAT Score	COURSE SEQUENCE
21/539 or below	MA 098 (Pre-QR) _____
22-24/540-589	MA 110 or BI 240 (Satisfies QR but has a math prerequisite) _____
22/590 and above	All MA courses numbered 115, 130 or 140 _____ (Satisfies QR but has a math prerequisite)
<p>Approved QR course(s) listed below: (Satisfies QR with no Math Prerequisite)</p> <p>*QR 101 _____            PS/SO 201 _____            PH 213 _____            MT 111 and MT 112 _____            TH 453 _____</p> <p>* Does not count towards the distribution requirement for the Bachelor of Science degree and does not serve as a prerequisite to any mathematics course.</p>	

Additional Comments: