

MILLIKIN UNIVERSITY COLLEGE OF PROFESSIONAL STUDIES: SCHOOL OF EXERCISE SCIENCE & SPORT
Physical Education Major with No Endorsements

Semester #1	Term: _____	Hours	Spring/Fall/Every	Semester #2	Term: _____	Hours	Spring/Fall/Every
IN 140: University Seminar		3	Every	<i>EN 181: University Writing (C or better)</i>		3	Every
<i>ES 130: Prevention and Treatment</i>		3	Every	<i>ED 115: Strategies for Individuals with Disabilities K-12</i>		3	Every
<i>ES 160: Personal and Community Health</i>		3	Every	IN 102 or Quantitative Reasoning approved course		3	Every
<i>ES 204: Foundations of Physical Education</i>		3	Fall	CO 200: Communication		3	Every
<i>ED 120/ED170: Intro to Education</i>		4	Every	<i>ED 210: Human Development</i>		3	Spring (preferred)
Semester Total		16		Semester Total		15	
Cumulative Total		16		Cumulative Total		31	
Semester #3	Term: _____	Hours	Spring/Fall/Every	Semester #4	Term: _____	Hours	Spring/Fall/Every
IN 250: U.S. Cultures		3	Every	IN 251: U.S. Structures		3	Every
<i>BI 204: Anatomy & Physiology (Nat Science w/ Lab)</i>		4	Fall	<i>ES 310: Kinesiology (Counts toward Add'l Science Req)</i>		3	Every
EN 281: Writing in the Disciplines (C or better)		3	Every	<i>ES 401: Methods of Elementary Physical Education</i>		3	Spring
<i>ES 431: Adaptive PE</i>		2	Fall	<i>ES 305: Physiology of Exercise I (Co-enroll w/ES 306)</i>		3	Spring
Creative Arts Requirement		3	Every	<i>ES 306: Physiology of Exercise Lab I (Co-enroll w/ES 305)</i>		1	Spring
				Elective		3	Every
Semester Total		15		Semester Total		16	
Cumulative Total		46		Cumulative Total		62	
Semester #5	Term: _____	Hours	Spring/Fall/Every	Semester #6	Term: _____	Hours	Spring/Fall/Every
<i>ES 320: Sport Skills</i>		3	Every	<i>ED 310: Creating Com of Learners SecBlk (co-enroll w/ED 321)</i>		3	Spring (preferred)
<i>ES 325: Growth and Development</i>		3	Fall	<i>ED 321: Gen Mid Grd & Sec Meth/Assmnt (co-enroll w/ED 310)</i>		3	Spring
<i>ES 425: Secondary Curriculum Development of PE</i>		3	Fall	<i>ES 380 Physical Education Seminar</i>		1	Spring
IN 350: Global Studies		3	Every	<i>EN 302: Methods for Teaching Literacy</i>		3	Every
Elective		3	Every	Additional Natural Science or Math Requirement		3	Every
				International Cultures/Structures or Language Option		3-4	Every
Semester Total		15		Semester Total		16-17	
Cumulative Total		77		Cumulative Total		93-94	
Semester #7	Term: _____	Hours	Spring/Fall/Every	Semester #8	Term: _____	Hours	Spring/Fall/Every
International Cultures/Structures or Language Option		3-4	Every	<i>ED 488: Education Senior Seminar</i>		3	Every
<i>ED 420: Instructional Analysis and Design SecEDK-12</i>		2	Every	<i>ED 478: Student Teaching</i>		12	Every
Elective		3	Every				
Elective		3	Every				
Elective		3	Every				
Semester Total		14-15		Semester Total		15	
Cumulative Total		107-109		Cumulative Total		Min 124	

NOTES:

- All students must receive a C- or higher in the courses *italicized* above.
- All Exercise Science students must complete an approved Cardiopulmonary Resuscitation course within their last 3 semesters - American Red Cross or American Heart Association courses are acceptable as long as you complete the adult, infant, and child CPR components.
- University Graduation Requirements = 120 credits or more, University 300 level or higher Requirements = 39 credits or more
- For financial aid eligibility, students must be enrolled in 12-15 credits.
- The schedule above provides a template. Schedules will vary by student. Summer courses may be taken at Millikin or another institution. Courses through other institutions must be approved by the register.
- Additional credits in science/quantitative reasoning need to be from at least two different departments in biology, chemistry, mathematics, or physics.

