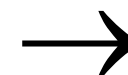


MILLIKIN UNIVERSITY COLLEGE OF PROFESSIONAL STUDIES: SCHOOL OF EXERCISE SCIENCE & SPORT
Physical Education Major with No Endorsements

Semester #1 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every	Semester #2 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every
IN 140: University Seminar		3	Every	*IN 180: University Writing (C or better)		3	Every
*ES 130: Prevention and Treatment		3	Every	*ED 115: Strategies for Individuals with Disabilities K-12		3	Every
*ES 160: Personal and Community Health		3	Every	IN 102 or Quantitative Reasoning approved course		3	Every
*ES 204: Foundations of Physical Education		3	Fall	CO 200: Communication		3	Every
*ED 120/ED170: Intro to Education		4	Every	*ED 210: Human Development		3	Spring
Semester Total		16		Semester Total		15	
Cumulative Total		16		Cumulative Total		31	
Semester #3 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every	Semester #4 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every
IN 250: U.S. Cultures		3	Every	IN 251: U.S. Structures		3	Every
*BI 204: Anatomy & Physiology (Nat Science w/ Lab)		4	Fall	*ES 310: Kinesiology (Counts toward Add'l Science Req)		3	Every
IN 280: Writing in the Disciplines (C or better)		3	Every	*ES 401: Methods of Elementary Physical Education		3	Spring
*ES 431: Adaptive PE		2	Fall	*ES 305: Physiology of Exercise I (Co-enroll w/ES 306)		3	Spring
Creative Arts Requirement		3	Every	*ES 306: Physiology of Exercise Lab I (Co-enroll w/ES 305)		1	Spring
				Elective		3	Every
Semester Total		15		Semester Total		16	
Cumulative Total		46		Cumulative Total		62	
Semester #5 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every	Semester #6 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every
*ES 320: Sport Skills		3	Every	*ED 310: Creating Com of Learners SecBlk (co-enroll w/ED 321)		3	Spring
*ES 325: Growth and Development		3	Fall	*ED 321: Gen Mid Grd & Sec Meth/Assmnt (co-enroll w/ED 310)		3	Spring
*ES 425: Secondary Curriculum Development of PE		3	Fall	*ES 380 Physical Education Seminar		1	Spring
IN 350: Global Studies		3	Every	*EN 302: Methods for Teaching Literacy		3	Every
Elective		3	Every	Additional Natural Science or Math Requirement		3	Every
				International Cultures/Structures or Language Option		3-4	Every
Semester Total		15		Semester Total		16-17	
Cumulative Total		77		Cumulative Total		93-94	
Semester #7 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every	Semester #8 *Courses must be passed with a grade of C- or higher to fulfill licensure requirements	Term: _____	Hours	Spring/Fall/Every
International Cultures/Structures or Language Option		3-4		*ED 488: Education Senior Seminar		3	Every
*ED 420: Instructional Analysis and Design SecEDK-12		2	Every	*ED 478: Student Teaching		12	Every
*ES 352: Practicum in Group Fitness		3	Fall				
Elective		3	Every				
Elective		3	Every				
Semester Total		14-15		Semester Total		15	
Cumulative Total		107-109		Cumulative Total		Min 124	

NOTES:

- All Exercise Science students must complete an approved Cardiopulmonary Resuscitation course within their last 3 semesters - American Red Cross or American Heart Association courses are acceptable as long as you complete the adult, infant, and child CPR components, (including obstructed airway).
- University Graduation Requirements = 124 credits or more, University 300 level or higher Requirements = 39 credits or more
- To qualify for undergraduate financial aid, students usually must take 12 – 15 hours in undergraduate credit
- If taking Advanced Placement courses in high school or considering dual enrollment in high school/community college courses, please make sure you speak with a faculty advisor at Millikin prior to your selection/enrollment.
- The schedule above provides a template. Schedules will vary by student. Summer courses may be taken at Millikin or another institution (course approved through Registrar)



Student Name: _____

GPA	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____
Major								
Cumulative								
Academic Alerts/ Accolades								

Quantitative Reasoning (QR): The course sequences below are based on the Math ACT/SAT score. Students can also take the math placement test in the Math Department to progress more quickly through this process if the test is passed.

Math ACT/SAT Score	COURSE SEQUENCE
21/539 or below	MA 098 (Pre-QR) _____
22-24/540-589	MA 110 or BI 240 (Satisfies QR but has a math prerequisite) _____
22/590 and above	All MA courses numbered 115, 130 or 140 _____ (Satisfies QR but has a math prerequisite)
<p>Approved QR course(s) listed below: (Satisfies QR with no Math Prerequisite)</p> <p>*IN 102 _____ PS/SO 201 _____ PH 213 _____ MT 111 and MT 112 _____ TH 453 _____</p> <p>* Does not count towards the distribution requirement for the Bachelor of Science degree and does not serve as a prerequisite to any mathematics course.</p>	

Additional Comments: