

**MILLIKIN UNIVERSITY COLLEGE OF PROFESSIONAL STUDIES: School of Exercise Science & Sport  
Major: Athletic Training**

\*Courses must be passed with a grade of B- or higher (\*\*C- or higher) to fulfill Athletic Training requirements

<b>Semester #1</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>	<b>Semester #2</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>
IN 140: University Seminar		3	Every	IN 151: Critical Writing, Reading & Research II		3	Every
IN 150: Critical Writing, Reading & Research I		3	Every	**CH 203: Essentials of Organic Chemistry		3	Every
**CH 114: Fundamentals of Chemistry/Lab		4	Every	**CH 205: Essentials of Organic Chemistry Lab		1	Every
*ES 130: Prevention & Treatment of Athletic Injuries		3	Every	CO 200: Public Speaking		3	Every
*ES 140: Cardiopulmonary Resuscitation and First Aid		2	Every	*ES 160: Personal and Community Health		3	Every
Creative Arts Requirement		3	Every	**PS 130: Introduction to Psychology		3	Every
Semester Total		<b>18</b>		Semester Total		<b>16</b>	
<b>Cumulative Total</b>		<b>18</b>		<b>Cumulative Total</b>		<b>34</b>	
<b>Semester #3</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>	<b>Semester #4</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>
IN 250: US Cultures		3	Every	IN 251: US Structures		3	Every
**BI 206: Anatomy & Physiology I- class and lab		4	Every	**BI 207: Anatomy & Physiology II- class and lab		4	Every
*ES 141: Practicum in Athletic Training I		2	Fall	*ES 235: Recognition & Evaluation of Athletic Injuries II		3	Spring
*ES 234: Recognition & Evaluation of Athletic Injuries I		3	Fall	*ES 241: Practicum in Athletic Training II		2	Spring
*ES 328: Health Related Fitness & Nutrition		3	Every	*ES 311: Therapeutic Modalities		3	Spring
**NU 102: Medical Terminology		3	Every				
Semester Total		<b>18</b>		Semester Total		<b>15</b>	
<b>Cumulative Total</b>		<b>52</b>		<b>Cumulative Total</b>		<b>67</b>	
<b>Semester #5</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>	<b>Semester #6</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>
IN 350: Global Studies		3	Every	*ES 332- Therapeutic Exercise		3	Spring
**NU 314: Pharmacology		3	Every	*ES 342: Practicum in Athletic Training IV		2	Spring
*ES 310: Kinesiology		3	Every	International Cultures/Structures or Language Option		3-4	Every
*ES 341- Practicum in Athletic Training III		2	Fall	**NU 311: Health Assessment		3	Every
International Cultures/Structures or Language Option		3-4	Every	*PS 201- Statistical Methods (Quantitative Reasoning)		3	Every
Non ESS Elective		3	Every				
Semester Total		<b>17-18</b>		Semester Total		<b>14-15</b>	
<b>Cumulative Total</b>		<b>84-85</b>		<b>Cumulative Total</b>		<b>98-100</b>	
<b>Semester #7</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>	<b>Semester #8</b>	<b>Term: _____</b>	<b>Hours</b>	<b>Spring/Fall/Every</b>
*ES 410: Physiology of Exercise (Co-enroll w/ES 411)		3	Fall	*ES 365: Athletic Training Seminar		1	Spring
*ES 411: Physiology of Exercise Lab (Co-enroll w/ES 410)		1	Fall	*ES 418: Principles of Strength & Conditioning		3	Spring
*ES 441: Practicum in Athletic Training V		2	Fall	*ES 472: Internship in Sports Medicine		3	Spring
*ES 450: AT Administration		3	Fall	Non ESS Elective		3	Every
Non ESS Elective - 300 level or above		3	Every	Non ESS Elective		3	Every
Non ESS Elective		3	Every				
Semester Total		<b>15</b>		Semester Total		<b>13</b>	
<b>Cumulative Total</b>		<b>113-115</b>		<b>Cumulative Total</b>		<b>124+</b>	

**NOTES:**

- A major GPA of 3.0 is needed and maintained to stay in the Athletic Training Program (ATP).
- All students in the ATP Major must earn a B- or higher in the classes denoted with an \* and a C- in the following (CH114, CH203/205, BI206/207, PS130, PS elective, NU102, NU311) denoted with \*\*
- Remedial Math courses **ARE NOT** included in the above plan. Refer to the back sheet for additional details.
- University Graduation Requirements = 124 credits or more, University 300 level or higher Requirements = 39 credits or more
- For financial aid eligibility, students must be enrolled in 12-15 credits.

**Updated 2020 - Pertaining to Fall 2018 catalog**



Student Name: \_\_\_\_\_

<b>GPA</b>	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____
<b>Major</b>								
<b>Cumulative</b>								
<b>Academic Alerts/ Accolades</b>								

**Quantitative Reasoning (QR):** The course sequences below are based on the Math ACT/SAT score. Students can also take the math placement test in the Math Department to progress more quickly through this process if the test is passed.

Math ACT/SAT Score	COURSE SEQUENCE
18/485 or below	Math Enrichment Program (MEP)
19-21/486-545 and above	MA 098 _____
22/546 and above	<b>Approved QR course(s) listed below:</b> All MA courses numbered 109 or above _____ PS/SO 201 _____ PH 113 _____ MT 111 and MT 112 _____ TH 453 _____ BI 240 _____

**Additional Comments:**