

MILLIKIN UNIVERSITY COLLEGE OF PROFESSIONAL STUDIES: Exercise Science & Sport Department
Major: Athletic Training

Semester #1	Term: _____	Hours	Spring/Fall/Every	Semester #2	Term: _____	Hours	Spring/Fall/Every
*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements				*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements			
IN 140: University Seminar		3	Every	IN 151: Critical Writing, Reading & Research II		3	Every
IN 150: Critical Writing, Reading & Research I		3	Every	CH 203: Essentials of Organic Chemistry		3	Every
CH 114: Fundamentals of Chemistry/Lab		4	Every	CH 205: Essentials of Organic Chemistry Lab		1	Every
*ES 130: Prevention & Treatment of Athletic Injuries		3	Every	CO 200: Public Speaking		3	Every
*ES 140: Cardiopulmonary Resuscitation and First Aid		2	Every	*ES 160: Personal and Community Health		3	Every
Fine Arts Requirement		3	Every	PS 130: Introduction to Psychology		3	Every
Semester Total		18		Semester Total		16	
Cumulative Total		18		Cumulative Total		34	
Semester #3	Term: _____	Hours	Spring/Fall/Every	Semester #4	Term: _____	Hours	Spring/Fall/Every
*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements				*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements			
IN 250: US Cultures		3	Every	IN 251: US Structures		3	Every
BI 206: Anatomy & Physiology I- class and lab		4	Every	BI 207: Anatomy & Physiology II- class and lab		4	Every
*ES 141: Practicum in Athletic Training I		2	Fall	*ES 235: Recognition & Evaluation of Athletic Injuries II		3	Spring
*ES 234: Recognition & Evaluation of Athletic Injuries I		3	Fall	*ES 241: Practicum in Athletic Training II		2	Spring
*ES 328: Health Related Fitness & Nutrition		3	Every	*ES 311: Therapeutic Modalities		3	Spring
NU 102: Medical Terminology		3	Every				
Semester Total		18		Semester Total		15	
Cumulative Total		52		Cumulative Total		67	
Semester #5	Term: _____	Hours	Spring/Fall/Every	Semester #6	Term: _____	Hours	Spring/Fall/Every
*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements				*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements			
IN 350: Global Studies		3	Every	*ES 332- Therapeutic Exercise		3	Spring
NU 314: Pharmacology		3	Every	*ES 342: Practicum in Athletic Training IV		2	Spring
*ES 310: Kinesiology		3	Every	International Cultures/Structures or Language Option		3-4	Every
*ES 341- Practicum in Athletic Training III		2	Fall	NU 311: Health Assessment		3	Every
International Cultures/Structures or Language Option		3-4	Every	*PS 201- Statistical Methods (Quantitative Reasoning)		3	Every
Non ESS Elective		3	Every				
Semester Total		17-18		Semester Total		14-15	
Cumulative Total		84-85		Cumulative Total		98-100	
Semester #7	Term: _____	Hours	Spring/Fall/Every	Semester #8	Term: _____	Hours	Spring/Fall/Every
*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements				*Courses must be passed with a grade of B- or higher to fulfill Athletic Training requirements			
*ES 410: Physiology of Exercise (Co-enroll w/ES 411)		3	Fall	*ES 365: Athletic Training Seminar		1	Spring
*ES 411: Physiology of Exercise Lab (Co-enroll w/ES 410)		1	Fall	*ES 418: Principles of Strength & Conditioning		3	Spring
*ES 441: Practicum in Athletic Training V		2	Fall	*ES 472: Internship in Sports Medicine		3	Spring
*ES 450: AT Administration		3	Fall	Non ESS Elective		3	Every
Non ESS Elective - 300 level or above		3	Every	Non ESS Elective		3	Every
Non ESS Elective		3	Every				
Semester Total		15		Semester Total		13	
Cumulative Total		113-115		Cumulative Total		124+	

- NOTES:**
- A major GPA of 3.0 is needed and maintained to stay in the Athletic Training Program (ATP).
 - All students in the ATP Major must earn a B- or higher in the classes denoted with an * and a C- in the following (CH114, CH203/205, BI206/207, PS130, PS elective, NU102, NU311)
 - Remedial Math courses **ARE NOT** included in the above plan. Refer to the back sheet for additional details.
 - University Graduation Requirements = 124 credits or more, University 300 level or higher Requirements = 39 credits or more
 - For financial aid eligibility, students must be enrolled in 12-15 credits.

2019-2020 Academic Year



Student Name: _____

GPA	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____	Fall _____	Spring _____
Major								
Cumulative								
Academic Alerts/ Accolades								

Quantitative Reasoning (QR): The course sequences below are based on the Math ACT/SAT score. Students can also take the math placement test in the Math Department to progress more quickly through this process if the test is passed.

Math ACT/SAT Score	COURSE SEQUENCE
18/485 or below	Math Enrichment Program (MEP)
19-21/486-545 and above	MA 098 _____
22/546 and above	Approved QR course(s) listed below: All MA courses numbered 109 or above _____ PS/SO 201 _____ PH 113 _____ MT 111 and MT 112 _____ TH 453 _____ BI 240 _____

Additional Comments: